

THE SERGEANT'S PROGRAM
BOOTCAMP AND MAINTENANCE CLASS LOCATIONS
Monday-Friday

BETHESDA

Bethesda Pool

Little Falls Pkwy& Arlington Road (where Little Falls intersects with Hillandale Road)

Class Time: 5:45 am to 6:45 am

Class meets: in the parking lot of the Pool

Instructor: Purley Jones

CHEVY CHASE

Candy Cane City Park

Beach Drive and Rollingwood Drive

Chevy Chase Md.

Class Time 5:45 am to 6:45 am

Class meets: On the basketball courts

Instructor: Jon Reinhard

DAMASCUS

Damascus Recreation Center

25520 Oak Drive

Damascus Md. 20872

Class Time: 5:45 am to 6:45 am

Class meets: in playground area/end of the parking lot

Instructor: Rod Ibacache and Cheryl Shaw

GAITHERSBURG

The Kentland's

Masin Street Market Square

Gaithersburg, Md

Class time: 5:50am to 6:50 am

Class meets in Market Square beside the Diner

Instructor: Mark Littrell

GERMANTOWN

Northwest High School

13501 Ritcher Farms Road

Germantown Md. 20874

Class Time: 5:45 am to 6:45 am

Class meets in the upper parking lot

Instructor: Mike McCary

JCC

Avenel Park

10551 Oaklyn Drive Potomac Md. 20854

Class time: 6:00 am to 7:00 am

Class meets: on basketball courts

Instructor: Lauren Masi

OLNEY

Greenwood Park Olney

18700 Georgia Avenue

Olney Md. 20833

Class Time: 5:30 am to 6:30 am

Class meets: on the basketball courts

Instructor: Mary Forte

POTOMAC

Potomac Community Recreation

11315 Falls Road Potomac Md. 20854

Class time: 9:05 am to 10:05 am

Meets on the basketball courts

Instructor: Chuck Dyson

ROCKVILLE

Woodley Garden's Park

900 Nelson Street

Rockville, Md.

Class Time: 5:40 to 6:40 am

Class meets in the parking lot

Instructor: Neal Moskowitz

Aquatic Swim Center

5900 Executive Blvd.

Rockville, Md. 20852

Class time: 5:50am to 6:50 am

Class meets: in far end of parking lot

Instructor: Jay Kenney

SILVER SPRING

Sligo Middle School

1401 Dennis Avenue

Silver Spring Md. 20902

Class Time: 6:30 pm to 7:30 pm

Class Meets: on the basketball courts

Instructor: Chuck Dyson

St. Bernadette's

80 University Blvd, East

Silver Spring, Md. 20901

Class Time: 5:45 am to 6:45 am

Class meets: left of driveway behind the church

Instructor: Tom Kane

WHEATON

Wheaton Regional Park

2000 Shorefield Road

Silver Spring, Md. 20902

Class Time 5:30 am to 6:30 am

Class meets in the parking lot near the Trolley

Instructor: Emily Matusek